

New multicultural heritage trail launches in Cardiff

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A unique new cultural history project is being launched this week in Cardiff, which has seen people with learning disabilities come together to create an exciting multicultural heritage trail across Newport and Cardiff.

To celebrate the launch of the digital trail, project organisers Cardiff People First and Newport People First have put on a special exhibition called Our Cultural Lives, which is open to the public at the Pierhead Futures Gallery in the capital this week.

The two-year project has seen young people across a range of different cultural backgrounds join together and put their planning, organisation and – most importantly – their creativity to the test. The group has researched facts, shared their stories and visited cultural places and communities on their journey, which has culminated in the new heritage trail for everyone to enjoy.

Along the way, participants attended workshops and multicultural events together such as Chinese New Year, Diwali, Cardiff Mela, the National Eisteddfod and Black History Month. Participants also provided recordings about the importance of cultural history to them, as well as contributing their own memories and stories.

All this was then brought together in a special trail booklet, featuring QR codes which can be scanned on your smart phone that link to videos of physical sites and their stories across Cardiff and Newport for others to explore and learn about - all at the touch of a screen!

The exhibition at the Pierhead building in Cardiff runs between Friday 24 July and Wednesday 5 August, and everyone is welcome to attend. You can also join in the conversation on the group's [Facebook](#) and [Twitter](#) pages, or visit the [Cardiff People First website](#).